

Social Events & Newcomer Welcome

Event	Date	Time
Coffee Morning August (FREE) <i>Michael Hurst, MBE</i>	Thursday Aug 14	10:30 - 12:00
Coffee Morning September (FREE) <i>Center Staff</i>	Thursday Sept 11	10:00 - 11:30
Taipei Newcomer Orientation <i>Center Staff</i>	Friday Sept 12	09:30 - 11:30
Tianmu Walking Tour <i>Ivy CHEN</i>	Saturday Sept 20	09:00 - 12:00
Coffee Morning (FREE) <i>Formosan Feathered Friends</i>	Thursday Oct 02	10:00 - 11:30
Coffee Morning November (FREE) <i>John GROOT</i>	Thursday Nov 13	10:00 - 11:30
Annual Fundraising Gala & Auction "Tropical Nights, Community Lights"	Friday Nov 14	18:30 - 21:30
Coffee Morning / Christmas Bazaar (FREE) <i>TBA</i>	Thursday Dec 4	10:00 - 15:00

Language

Course	Term	Time
Survival Chinese 1 - Beginner (Daytime) <i>Gloria Gwo</i>	Sept 09 - Dec 12	11:30 - 12:50
Survival Chinese 1 - Beginner (Evening) <i>Gloria GWO</i>	Sept 08 - Dec 10	18:30 - 20:00
Survival Chinese 2 <i>Gloria GWO</i>	Sept 08 - Dec 10	11:30 - 12:50
Survival Chinese 3 <i>Gloria GWO</i>	Sept 08 - Dec 10	08:40 - 10:00
Chinese Characters - Beginner Continued <i>Gloria GWO</i>	Sept 08 - Dec 10	10:00 - 11:20
Chinese Characters - Intermediate <i>Gloria GWO</i>	Sept 09 - Dec 12	10:00 - 11:20
Chinese Conversation - Beginner <i>Gloria GWO</i>	Sep 09 - Dec 12	18:30 - 20:00
Chinese Conversation - Intermediate <i>Gloria GWO</i>	Sep 09 - Dec 12	08:30 - 09:50

Living Essentials

Workshop	Date	Time
Navigating Housing Rental in Taiwan <i>Lulu TING</i>	Thursday Aug 28	10:00 - 12:00
Understanding Banking Options in Taiwan <i>Jeslyn HUANG</i>	Wednesday Sep 24	12:00 - 2:00
Understanding Insurance in Taiwan <i>Lisa QIU, MBA</i>	Friday Oct 03	10:00 - 12:00
Navigating Housing Rental (Rescheduled) <i>Lulu TING</i>	TBA	TBA

History, Culture, & Customs

Tour	Term	Time
Shidong Market Tour <i>Ivy CHEN</i>	Thursday Sept 25	09:00 - 11:30
Nanmen Market Tour and Lunch <i>Ivy CHEN</i>	Thursday Oct 16	09:00 - 12:00
Explore Beautiful Wulai <i>Tobie OPENSHAW</i>	Thursday Oct 23	09:00 - 16:00

History, Culture, & Customs (Continued)

Tour	Term	Time
Longshan Temple Walking Food Tour <i>Ivy CHEN</i>	Thursday Oct 30	09:00 - 12:00
Stories of Wanhua <i>Tom ROOK</i>	Thursday Nov 06	09:00 - 12:00
Stories of Dadaocheng <i>Tom ROOK</i>	Thursday Nov 20	09:00 - 12:00
Hulin Evening Market / Raohe Night Market <i>Ivy CHEN</i>	Friday Dec 05	17:30 - 20:30

Creative Arts & Hobbies

Course	Date(s)	Time
Flower Arrangement <i>CHEN Shiau-Fen</i>	Monday Sept 22	12:00 - 14:00
Abstract Art <i>Pallavi SAXENA</i>	Tuesday Sept 30	12:00 - 14:00
Flower Arrangement <i>CHEN Shiau-Fen</i>	Monday Oct 27	12:00 - 14:00
Japanese Pastel Nagomi Finger Painting <i>Charlotte LEE</i>	Tuesday Nov 04	12:00 - 14:00
Flower Arrangement <i>CHEN Shiau-Fen</i>	Monday Nov 17	12:00 - 14:00

Cooking & Nutrition

Course	Date(s)	Time
Taiwanese Stir-Fry Favorites <i>Ivy CHEN</i>	Friday Sept 26	10:00 - 12:30
Indian Vegetarian Cooking <i>Vaishali MEGHNANI</i>	Friday Oct 17	10:00 - 12:30
Taiwanese Vegetarian Cooking <i>Ivy CHEN</i>	Friday Oct 24	10:00 - 12:30
Flavors of Vietnam <i>HOANG Yen</i>	Friday Oct 31	10:00 - 12:30
Signature Taiwan Breakfast Dishes <i>Ivy CHEN</i>	Friday Nov 07	10:00 - 12:30
Japanese Cuisine <i>NAKANO Mayuko</i>	Friday Nov 21	10:00 - 12:30

Outdoor & Exploration

Activity	Date	Time
River Tracing in Wulai <i>Aruba Outdoor School</i>	Saturday Sept 20	09:00 - 14:00
River Tracing - Family Edition! <i>Aruba Outdoor School</i>	Saturday Sept 27	09:00 - 14:00
River Tracing in Wulai <i>Aruba Outdoor School</i>	Wednesday Oct 15	09:00 - 14:00
River Tracing in Wulai <i>Aruba Outdoor School</i>	Saturday Oct 18	09:00 - 14:00
Stand-Up Paddleboarding (SUP) <i>Aruba Outdoor School</i>	Sunday Oct 19	10:00 - 12:00
Stand-Up Paddleboarding (SUP) <i>Aruba Outdoor School</i>	Tuesday Oct 28	10:00 - 12:00
Nature Rock Climbing - Beitou Dapao Rock <i>Aruba Outdoor School</i>	Tuesday Nov 04	10:00 - 12:00

Flip this page over for more events!

Outdoor & Exploration (Continued)

Activity	Date	Time
Nature Rock Climbing - Beitou Dapao Rock <i>Aruba Outdoor School</i>	Saturday Nov 08	10:00 - 12:00
Stand-Up Paddleboarding (SUP) <i>Aruba Outdoor School</i>	Tuesday Nov 18	10:00 - 12:00
Stand-Up Paddleboarding (SUP) <i>Aruba Outdoor School</i>	Saturday Nov 22	10:00 - 12:00

Wellbeing & Fitness

Course (SEPTEMBER - OCTOBER)	Term	Time
Pilates Mat-Work Beginner (Mondays) <i>Jessica LOTT, DPT</i>	Sept 01 - Oct 27	09:30 - 10:30
Pilates Mat-Work Beginner (Wednesdays) <i>Jessica LOTT, DPT</i>	Sept 03 - Oct 29	09:30 - 10:30
Pilates Mat-Work All Levels (Mondays) <i>Jessica LOTT, DPT</i>	Sept 01 - Oct 27	10:40 - 11:40
Pilates Mat-Work All Levels (Wednesdays) <i>Jessica LOTT, DPT</i>	Sept 03 - Oct 29	10:40 - 11:40
Yoga Foundations & Exploration <i>Thomas MAYFIELD</i>	Sept 09 - Oct 28	09:30 - 10:30
Qigong Foundation and Practice <i>Erik WEST</i>	Sept 12 - Oct 31	13:30 - 14:30
Metabolism / Healthy Eating Workshop <i>Jessica LOTT, DPT</i>	Tuesday Oct 21	12:30 - 14:30

Wellbeing & Fitness (Continued)

Course (NOVEMBER - DECEMBER)	Term	Time
Pilates Mat-Work Beginner (Mondays) <i>Jessica LOTT, DPT</i>	Nov 03 - Dec 08	09:30 - 10:30
Pilates Mat-Work Beginner (Wednesdays) <i>Jessica LOTT, DPT</i>	Nov 05 - Dec 10	09:30 - 10:30
Pilates Mat-Work All Levels (Mondays) <i>Jessica LOTT, DPT</i>	Nov 03 - Dec 08	10:40 - 11:40
Pilates Mat-Work All Levels (Tuesdays) <i>Jessica LOTT, DPT</i>	Nov 04 - Dec 09	10:40 - 11:40
Pilates Mat-Work All Levels (Wednesdays) <i>Jessica LOTT, DPT</i>	Nov 05 - Dec 10	10:40 - 11:40
Yoga Foundations & Exploration <i>Thomas MAYFIELD</i>	Nov 04 - Dec 09	09:30 - 10:30
Qigong Foundation and Practice <i>Erik WEST</i>	Nov 07 - Dec 12	13:30 - 14:30

From the Counseling Department

Course	Term	Time
Raising Teens in Multicultural Contexts 1 <i>Intern Counselor LIN Chen-Chun, MA</i>	Sept 05	10:00 - 12:00
Raising Teens in Multicultural Contexts 2 <i>Intern Counselor LIN Chen-Chun, MA</i>	Sept 18	10:00 - 12:00
Raising Teens in Multicultural Contexts 3 <i>Intern Counselor LIN Chen-Chun, MA</i>	Sept 25	10:00 - 12:00

Who We Are

The Center is a non-profit organization serving **Taiwan's international and multicultural community** since 1987. From bilingual mental health counseling to social events to wellness programs, **we are here to support you.**

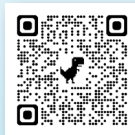
Whether you've just arrived or have called Taiwan home for years, **join us!**

Follow Us

Website: www.communitycenter.org.tw

Instagram: [@the_center_taipei](https://www.instagram.com/the_center_taipei)

Facebook: www.facebook.com/TheCenterTaipei



Contact Us

Events & General Administration

Monday - Friday 09:00 - 17:00

Telephone: (02) 2836-8134

Email: program@communitycenter.org.tw

Counseling Services

Monday - Friday 09:00 - 17:00

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